

# CHOSEN – Confirmation Prep. DVDs

## Outline of each Disc

### **DISC 1**

#### **Lesson 01: Why Am I Here?**

##### *– An Introduction to Chosen*

(Chris Stefanick & Jackie Francois)

<i>Seg. 1 – What Are You Looking For?</i>	2:30
<i>Seg. 2 – Beginning the Journey</i>	5:00

#### **Lesson 02: What Makes Me Happy?**

##### *– Discovering God as The Source*

(Brian Butler & Leah Darrow)

<i>Seg. 1 – The Goal of Life</i>	4:00
<i>Seg. 2 – Is There Something More?</i>	4:45
<i>Seg. 3 – Are We On Our Own?</i>	3:45

#### **Lesson 03: What's Your Story, God?**

##### *– A Look at Salvation History*

(Fr. Michael Schmitz)

<i>Seg. 1 – Creation and the Fall</i>	9:30
<i>Seg. 2 – Jesus' Divine Rescue Mission</i>	7:15
<i>Seg. 3 – A Kingdom On Earth</i>	9:15

### **DISC 3**

#### **Lesson 07: Where Am I Going?**

##### *– A Look at the Four Last Things*

(Chris Padgett)

<i>Seg. 1 – Death and Judgment</i>	15:10
<i>Seg. 2 – Heaven and Hell</i>	9:55
<i>Seg. 3 – Purgatory</i>	5:10

#### **Lesson 08: How Do I Get There?**

##### *– The Power and Purpose of the Sacraments*

(The Nashville Dominican Sisters)

<i>Seg. 1 – The Gift of Grace</i>	8:15
<i>Seg. 2 – What Is A Sacrament?</i>	6:45
<i>Seg. 3 – The Seven Sacraments</i>	6:35

#### **Lesson 09: When Did My Journey Begin?**

##### *– Baptism, Your Initiation into God's Family*

(Sarah Swafford)

<i>Seg. 1 – Actions Have Consequences</i>	4:20
<i>Seg. 2 – What Is Baptism?</i>	3:10
<i>Seg. 3 – The Symbols of Baptism</i>	3:50

### **DISC 2**

#### **Lesson 04: How Do I Know God Is Real?**

##### *– Understanding Divine Revelation*

(Chris Stefanick)

<i>Seg. 1 – Evidence For God</i>	9:30
<i>Seg. 2 – Scripture and Tradition</i>	8:25
<i>Seg. 3 – Our Response to God</i>	9:00

#### **Lesson 05: Who Is Jesus?**

##### *– The Person and Mission of Christ*

(Sarah Swafford)

<i>Seg. 1 – Who Do You Say That I Am?</i>	4:30
<i>Seg. 2 – Evidence For Jesus</i>	3:45
<i>Seg. 3 – Why Did Jesus Come To Us?</i>	3:45

#### **Lesson 06: Why Be Catholic?**

##### *– Discovering The Church Jesus Founded*

(Deacon Harold Burke-Sivers)

<i>Seg. 1 – The One True Church</i>	9:20
<i>Seg. 2 – Apostolic and Catholic</i>	4:15
<i>Seg. 3 – The Church Is HOLY</i>	4:00

### **DISC 4**

#### **Lesson 10: Why Tell My Sins To A Priest?**

##### *– The Healing Power of Confession*

(Fr. Michael Schmitz)

<i>Seg. 1 – Hitting the Goal</i>	6:00
<i>Seg. 2 – What Is Sin?</i>	5:15
<i>Seg. 3 – The Power of Confession</i>	8:00

#### **Lesson 11: How Does God Help When It Hurts?**

##### *– Anointing of the Sick & Redemptive Suffering*

(Fr. Mark Toups)

<i>Seg. 1 – The Problem of Suffering</i>	8:15
<i>Seg. 2 – God Is With Us</i>	6:00
<i>Seg. 3 – The Anointing of the Sick</i>	6:15

#### **Lesson 12: Who is The Holy Spirit?**

##### *– Meeting the Third Person of the Trinity*

(Deacon Harold Burke-Sivers)

<i>Seg. 1 – Symbols of the Holy Spirit</i>	6:20
<i>Seg. 2 – Our Guide and Map</i>	3:10
<i>Seg. 3 – The Holy Spirit in Your Life</i>	2:15

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### **DISC 5**

#### **Lesson 13: What Does the Holy Spirit Do For Me?**

##### **– Gifts for the Journey**

(Chris Padgett)

Seg. 1 – Gifts of the Holy Spirit (Part 1)	10:00
Seg. 2 – Gifts of the Holy Spirit (Part 2)	5:30
Seg. 3 – The 12 Fruits of the Holy Spirit	6:40

#### **Lesson 14: Why Have I Been Chosen?**

##### **– Sealed and Sent in Confirmation**

(Chris Stefanick)

Seg. 1 – The Power of the Holy Spirit	7:45
Seg. 2 – The World Needs You	5:45
Seg. 3 – What Happens At Confirmation?	6:30

#### **Lesson 15: Why Do I Have To Go To Mass?**

##### **– Encountering Jesus in The Eucharist**

(Brian Butler)

Seg. 1 – What Happens At Mass?	13:30
Seg. 2 – Walter's Story	11:45
Seg. 3 – Preparing For Mass	6:15

### **DISC 7**

#### **Lesson 19: Who Is Mary?**

##### **– Meeting the Mother of God – and Your Heavenly Family**

(Jason Evert)

Seg. 1 – The Communion of Saints	6:30
Seg. 2 – The Four Marian Dogmas	8:20
Seg. 3 – Marian Devotion	4:40

#### **Lesson 20: What Would Jesus Do?**

##### **– The Beatitudes as a Path to True Happiness**

(Mary Ann Wiesinger)

Seg. 1 – The Beatitudes	5:45
Seg. 2 – The Beatitudes in Action	6:45
Seg. 3 – Living the Beatitudes	4:30

#### **Lesson 21: Do I Have What It Takes?**

##### **– Building Virtue – Your Spiritual Workout**

(Deacon Harold Burke-Sivers)

Seg. 1 – How Do I Build Virtue?	8:00
Seg. 2 – The Cardinal & Theological Virtues	5:00
Seg. 3 – Living a Life of Virtue	7:30

### **DISC 6**

#### **Lesson 16: What Does It Mean To Say, 'I Do'?**

##### **– Marriage, a Sign of God's Love**

(Jason Evert)

Seg. 1 – What Is Marriage?	8:20
Seg. 2 – Tough Questions	6:00
Seg. 3 – Free, Total, Faithful, Fruitful	6:00

#### **Lesson 17: Who's Calling?**

##### **– Holy Orders and Vocational Discernment**

(Fr. Michael Schmitz & The Nashville Dominicans)

Seg. 1 – The Power of the Priesthood	11:00
Seg. 2 – Questions about the Priesthood	10:50
Seg. 3 – Discerning God's Plan for Your Life	13:00

#### **Lesson 18: Are You Talking To Me?**

##### **– Getting to Know God through Prayer**

(Fr. Mark Toups)

Seg. 1 – What is Prayer?	8:00
Seg. 2 – How to Pray (Lectio Divina)	8:30
Seg. 3 – What Happens When I Pray?	7:40

### **DISC 8**

#### **Lesson 22: Why Wait?**

##### **– God's Plan for Love and Sex**

(Jason Evert)

Seg. 1 – Love vs. Lust	8:40
Seg. 2 – Tough Questions about Chastity	9:20
Seg. 3 – Tips for Practicing Chastity	8:00

#### **Lesson 23: How Do I Build the Kingdom?**

##### **– Saying 'Yes': The Mission of Christ & His Church**

(Chris Padgett)

Seg. 1 – We're on a Mission	6:45
Seg. 2 – Building the Kingdom	3:10
Seg. 3 – The Works of Mercy	3:00

#### **Lesson 24: Where Do I Go From Here?**

##### **– The Journey Continues**

(Chris Stefanick)

Seg. 1 – Five Disciplines of a Disciple-Part 1	7:40
Seg. 2 – Five Disciplines of a Disciple-Part 2	10:15